

# Occupational Health II (21796)

**Cours** 2014-15

**Degree awarded:** Degree in Labour Relations

**Academic year:** third

**Term:** second

**Number of ECTS credits:** 4

**Student hours:** 100

## Syllabus

Work is an essential part of human activity and is a source of both health and illness. Carried out in suitable conditions, work not only provides an income but increases levels of satisfaction and wellbeing among workers and has a positive effect on health. However, poor working conditions can have negative consequences for health, and these are of special concern at present. The term occupational health can be understood as society's organised effort to prevent occupational risks and promote workers' health. Occupational health is organised into monitoring activities and intervention or preventive action, both individual and collective. Examples of the first are the initial and regular assessment of occupational risks and the individual and statistical analysis of health problems such as injuries through accidents at work, occupational illnesses and disabilities. Examples of preventive action are legislative development, inspections, training and information programmes for workers and employers and specific acts of intervention to eliminate or reduce risk factors which are detected. The programme of this occupational health course offers the information, training and abilities necessary for enabling students to understand and deal with the health topics associated with the working environment in an overall sense.

**Topic 1: Occupational risk management systems and prevention plans**

**Topic 2: The organisational structure of preventive action**

**Topic 3. Preventive monitoring of risk factors: general risk assessment**

**Topic 4. Preventive monitoring of risk factors: examination of the structural conditions of work**

**Topic 5. Preventive monitoring of risk factors: examination of the regulatory conditions of work**

**Topic 6. Preventive monitoring of risk factors: examination of the organisational conditions of work**

**Topic 7. Preventive monitoring of risk factors: examination of the environmental conditions of work**

**Topic 8. Preventive monitoring of effects on health**

**Topic 9. Planning preventive action vis-à-vis risk factors**

**Topic 10. Company coordination of preventive action**

**Topic 11. Assessing the efficiency of the elements of the preventive system**