

# Organisation of work and occupational stress (21834)

**Degree awarded:** Degree in Labour Relations

**Academic year:** third

**Term:** first

**Number of ECTS credits:** 4

**Student hours:** 100

## Syllabus

The working atmosphere and the organisation of work greatly influence health. In recent decades major changes which are closely linked with the organisation of work have occurred, resulting in new risks and challenges in the field of occupational health. The psychological and social risks derived from the organisation of work and the working environment are associated with problems such as occupational stress, bullying and violence in the workplace and these have to be analysed within a framework which considers the influence of globalisation, the economic crisis and the sexual division of labour.