## **Occupational Health I (21793)**

Degree awarded: Degree in Labour Relations Academic year: third Term: first Number of ECTS credits: 4 Student hours: 100

## Syllabus

Occupational health is defined as the set of activities and services geared towards the monitoring, prevention, promotion and protection of the individual and collective health of people in relation to the workplace. The first part of this course aims to introduce students to the conceptual bases of occupational health: the historical framework of occupational health, current trends, the role of labour relations graduates in the field and structures to prevent occupational risks in and outside companies. The second part aims to establish and describe the fundamental methodological basis of scientific research into occupational health and how this is useful for improving the health of the working population.

Topic 1. The conceptual framework of occupational health

Topic 2. Research methods in occupational health